
MANAGEMENT AND ADMINISTRATION OF CORRECTIONAL HEALTH CARE

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Preface

This book is about correctional health care. It is about the practical issues that both providers and health administrators face and is intended to provide clinical and administrative guidance to those working in correctional facilities.

This book is not a technical treatise, and some of the opinions and guidelines expressed by the authors will undoubtedly change as more information becomes available and technology changes. We hope that this book will shed some light and provide a useful perspective to assist providers in making efficient and effective decisions.

The text touches on many topics and current trends in correctional health care. Part 1 provides a historical, moral, ethical, and legal perspective. Determining whether an action is ethical or unethical is not always as easy as determining whether it is legal or illegal. Determining that a constitutional violation has occurred is equally perplexing; the courts have not established a single standard that determines constitutional adequacy. Neither professional standards nor prevailing conditions at other comparable institutions have been adopted as definitive standards of care.

Part 2 covers physician guidelines that have been written by physician experts for correctional health care institutions. As managed care companies emphasize cost containment in the free world, we must also be aware of strategies designed to promote clinical effectiveness and cost containment in correctional health care. Contagious diseases have always been a significant problem for correctional facilities. Part 2 focuses on TB, STD, HIV, and hepatitis management. Preventing transmission of communicable diseases in correctional settings requires constant vigilance, as inmates are more likely than the general population to harbor serious illnesses and undetected health problems. Close and crowded living conditions, poor hygiene practices, and prior high-risk behaviors make inmates particularly vulnerable to communicable diseases. Correctional facilities have a unique opportunity to provide appropriate educational materials that may have an impact on the prevention and treatment of communicable diseases. Recently, there have been promising advances in the treatment of hepatitis C. Because the cost of the treatment is high, many departments of correction are weighing the benefits of early intervention with costly medications against reduced morbidity and mortality.

Investigators who have studied dental disease in correctional facilities have discovered high rates of dental disease as measured by the index of decay and missing and filled surfaces. The inmate population, including juveniles, typically has more decayed surfaces and fewer filled surfaces, indicating reduced access or use of dental care in the community prior to incarceration. An adequate dental program restores normal function, prevents deterioration, and maintains normal health. This is done by assessing restorative, preventive, and oral hygiene needs on admission and providing dental services to treat those needs. Timely care for acute dental needs and emergencies such as toothache, avulsed teeth, abscess, and facial fractures is also needed.

With longer sentences imposed and fewer inmates being granted parole, more of our inmates are growing old while incarcerated. With their frailties and histories of abuse and neglect, older prisoners are contributing to the increased cost of providing correctional health care. They present unique needs. Special housing units and specialized programs are among the strategies used to provide them with humane living conditions.

Telemedicine is one of the fastest growing technologies of the future. It can provide medical expertise to remote rural areas of the county, thus reducing the need for on-site specialists, improving access to care, decreasing transportation costs, and reducing or eliminating the risk of escape. Facilities that have tried telemedicine have generally found it to be very helpful and continue to discover new applications. With the high-resolution cameras now available, some very sophisticated diagnostic work can be accomplished through telemedicine.

Not only the elderly, but an increasing number of juveniles are found in correctional institutions and detention facilities. Youth in correctional facilities, especially females, represent a vastly underserved population with many health care needs. Teenage pregnancies are high risk, especially when compounded with drug use and stress. Many of the juveniles have mental health disorders, others have conduct disorders that are less responsive to treatment. Inadequate links between community mental health centers and juvenile detention facilities result in the incarceration of many youth who would be better served in a substance abuse rehabilitation center or mental health treatment center, were funding available.

Jails and prisons have also become the de facto housing for the mentally ill, especially in the case of the homeless population, as de-institutionalization of the mentally ill has run its course over the past few decades. In Part 3, current trends in correctional mental health are discussed along with national professional standards relevant to the treatment of mentally ill offenders. The use and cost of psychotropic medicine is increasingly a topic of concern for correctional institutions. As more inmates enter correctional institutions with mental health disorders, the cost of psychotropic medications has had severe budgetary impacts on correctional facilities. Jail diversion programs, a recent trend to divert inmates with misdemeanor charges from coming into the criminal justice system, have received wide support from the courts. Innovative mental health court programs have been found in Seattle, Ft. Lauderdale, and Vancouver, Washington.

Those of us who practice in correctional health care cannot help but be concerned about the numbers of our population who are incarcerated time and time again and the negative connotations that incarceration has in our society. Without rehabilitation, incarceration—like welfare—can foster dependency. Incarceration is a way of life for some people, with parents, relatives, and even whole families journeying through the criminal justice system. Correctional health services can provide opportunities for reducing violence and victimization and preventing future violence.

Part 4 discusses administrative issues relative to correctional facilities. If nursing recruitment and retention are not the primary issues in many correctional facilities in the United States, they are at least two of the major issues. Health care administrators are challenged as never before to find innovative ways of attracting and recruiting nurses. Spending for the health care of inmates has increased rapidly during the last several years. The need for effective management of health care services will become more pronounced especially as prison populations keep growing, aging, and new technologies and treatments emerge. Part 4 examines several strategies that managers in correctional institutions have adopted to control costs.

One method some state and county systems use to manage costs is to contract for comprehensive health care. While there have been pros and cons written about privatization of inmate health care, it is generally thought that the government is inherently inefficient and the private market more effective. Opponents of privatization assert that

profit-making incentives will lead to a sacrifice of the quality and perhaps the quantity of health care. Part 4 presents an outcome study designed to evaluate the effects of private health care before and after inmate health care was contracted to university hospitals in the State of Texas.

Jails and prisons are places of punishment, and health providers are healers. Providers choosing to work in correctional facilities have divergent philosophies from their correctional counterparts and even their patients. Men and women in confinement frequently bring their survival trade with them and adapt it to the prison environment. While much has been written about manipulation, health care providers in the criminal justice system are frequently the intended victims of their patients. This part also presents strategies by which health professionals can become more aware and, in the end, safer in the correctional environment.

Monitoring the quality of health care is more than just a concept; it is a legal and moral obligation. This obligation is fulfilled by quality assurance activities, accreditation, and peer review processes that monitor both facilities and providers. Correctional professionals must remain vigilant to prevent unnecessary delays or denials of medical care, and a quality assurance program is one method to monitor performance and improve patient outcomes.

Acknowledgments

This text could never be accomplished by a single person. Many authors have given generously of their time and skills to prepare the chapters in this book. Many chapters represent the life work and beliefs of the individual authors, about which they hold deep convictions. The chapters all have in common the theme of improving the health care of the incarcerated population. This text is only a beginning in the quest to address many of the complex issues that shape our practice in correctional health care.

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Jacqueline Moore
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Table of Contents

About the Authors	v
Preface	xi

Part 1: Legal Issues

Chapter 1: Ethical Dilemmas in Correctional Health Care Settings

Introduction	1-1
General Ethical Principles	1-2
Respecting Patient Autonomy	1-3
Beneficence	1-3
Nonmaleficence	1-4
Justice	1-5
Dilemmas With Special Implications in Correctional Health Settings	1-6
Prisoners as Patients	1-6
Prisoners as Vulnerable Persons	1-7
Educational Attainment and Literacy	1-7
Social Support and Surrogates	1-7
Coercive Environment	1-8
Poor Health Status and Limited Health Care	1-8
High Cost of Health Care	1-9
Pressures on Providers	1-9
Confidentiality	1-10
Confidentiality of Prisoners' Health Records	1-10
Laws and Professional Ethics	1-11
Standard of Care	1-12
Standard of Care in Correctional Settings	1-13
Standard of Care and Deliberate Indifference	1-13
Conclusion	1-14

Chapter 2: Synopsis of the Federal Law on Inmate Medical Care

Background—The Deliberate Indifference Standard	2-1
<i>Estelle v. Gamble</i>	2-1
Objective Standard—Serious Medical Needs	2-2
Mental Health Needs	2-3
Risks to Health	2-3
The Subjective Component of Deliberate Indifference	2-3

Recent Legal Trends 2-5
 Case Law—Fact-Specific Nature of the Court’s Analysis 2-5
 Legislation—Prison Litigation Reform Act 2-5
 General Recommendations for Medical Professionals 2-6
 Conclusion 2-7

Chapter 3: Correctional Health Care: The Legal Perspective

Introduction 3-2
 Legal Framework 3-2
 Medical Negligence 3-3
 Duty 3-3
 Breach of Duty; Standard of Care 3-3
 Causation 3-3
 Damages 3-4
 State Statutory Law 3-4
 Federal Constitutional Law 3-4
 Federal Case Law 3-4
 Serious Medical Need 3-5
 Defendant Must Have Knowledge 3-5
 Deliberate Indifference 3-5
 Causation 3-5
 Damages 3-5
 Federal Statutory Law 3-6
 Medical Negligence vs. Deliberate Indifference 3-6
 Immunities 3-7
 Defenses 3-7
 Selected Risk Management Issues 3-8
 Avoiding Risk 3-8
 Issues That Raise Risk 3-8
 The Sally Port and Intake Process 3-8
 Confidentiality 3-8
 Informed Consent 3-9
 Documentation 3-9
 Continuity of Care on Discharge 3-11
 Managing Risk 3-11
 Subpoenas and Requests for Medical Records 3-11
 Incidents/Adverse Events 3-11
 Incident Reports 3-12
 Quality Assurance Reports 3-12
 Pre-Suit Notice 3-13
 Habeas Corpus Hearings 3-13

Communication With Counsel	3-13
Anatomy of a Lawsuit	3-13
Service of Summons and Complaint	3-13
Cooperation With Your Attorney	3-14
Answer to Complaint	3-14
Discovery	3-14
Alternate Dispute Resolution	3-15
Trial	3-15
Appeal	3-16

Part 2: Medical Issues

Chapter 4: Physician Clinical Practice Guidelines

Introduction	4-1
Clinical Guidelines	4-2
Guideline Development	4-3
Treatment Goals	4-3
Ethical Issues	4-3
Short-Term Facility	4-4
Long-Term Facility	4-4
Outcome and Clinical Guidelines	4-5
Guideline Implementation	4-6
Impact of Guidelines	4-7
Financial Impact	4-7
Case Law	4-8

Chapter 5: HIV, STD, and TB Intervention and Prevention in Correctional Health Care

A Unique Opportunity for Disease Prevention	5-2
Priorities and Challenges	5-2
Rapid Growth of Inmate Population	5-3
Increasing Complexity of Diseases	5-4
HIV Infection	5-4
Tuberculosis	5-5
Hepatitis C Virus	5-5
Tobacco Use	5-5
Mental Illness	5-5
What Correctional Health Care Providers Can Do	5-6
Your Facility's Legal Responsibilities	5-6
Whether and When to Test for Disease	5-7
Confidentiality	5-8
Educating Inmates	5-8

Providing HIV, STD, and TB Education	5-8
The Focus and Purpose of Your Program	5-8
Getting Funding	5-9
Obtaining and Organizing Your Resources and Staff	5-10
Liaison to Service Providers	5-10
Space Requirements	5-11
Working With Correctional Staff	5-11
Using Community Volunteers	5-11
Multiple Learning Tools	5-12
Involving Inmates in Program Planning	5-12
Program Components	5-12
Multiple Sessions and Learning Formats	5-12
Peer Educators	5-13
Evaluating Your Program	5-14
Intervention Considerations on Entry and Pre-Release	5-15
Record-Keeping	5-15
Juvenile Populations	5-16
Women Inmates	5-16
Final Comments	5-17

Chapter 6: Hepatitis C Virus and Its Relevance to Corrections

A Formidable Challenge	6-2
Risk Factors	6-3
Parenteral Transmission	6-3
Sexual Transmission	6-4
Vertical Transmission	6-4
Significance in Corrections	6-4
Microbiology	6-5
Genotypes	6-5
Quasispecies	6-5
“Twenty Percent in Twenty Years”	6-6
Intravenous Drug Exposure	6-7
The Effect of Alcohol and Other Hepatotoxins	6-7
Symptoms	6-8
Diagnostic Testing	6-9
Transaminase Elevation	6-9
Antibody Testing	6-9
Enzyme Immunoassay (EIA)	6-9
Recombinant Immunoblot Assay (RIBA)	6-10
Hepatitis C Virus RNA	6-10

Genotype	6-10
Liver Biopsy	6-10
Grade	6-11
Stage	6-11
Treatment Guidelines	6-11
National Institutes of Health	6-12
Federal Bureau of Prisons	6-13
The Problem With Community Standards	6-14
Decompensated Liver Disease	6-14
State Departments of Correction	6-15
Screening	6-15
Treatment	6-16
Chronic Care Management	6-17
Patient Management	6-17
Vaccinations Against Other Forms of Hepatitis	6-18
Hepatitis A	6-18
Hepatitis B	6-19
Treatment Options	6-19
Nonpharmacologic Therapies—Spontaneous Remission, Nutrition, and Herbal Remedies	6-19
Pharmacologic Therapy	6-19
Interferon	6-19
Ribavirin	6-20
Assessment of Response	6-20
Results of Therapy	6-20
Combination Therapy	6-21
Pegylated Interferon	6-22
Dosing	6-24
Side Effects	6-24
Changes in Mental State	6-25
Anemia and Respiratory Ailments	6-25
Does Treatment Benefit the Patient?	6-25
Treatment Failure	6-26
HIV Co-Infection	6-27
Cost Effectiveness	6-27
A Test Scenario	6-28
Theoretical Estimating	6-28
Independent Cost Analysis Using Current Assumptions	6-29
Addendum: NIH Consensus Panel Update, June 10–12, 2002	6-30

Chapter 7: Developing a Correctional Dental Program

Stages of Development	7-1
Assessment	7-2
Classification	7-2
Examination	7-2
Routine Care	7-3
Administration and Practitioner Philosophy	7-3
Available Resources	7-3
Patient Desires	7-4
Clinical Management	7-4
Records	7-4
Appointments	7-7
Aseptic Control	7-8
Inventory/Needle Counts	7-8
Quality Assurance	7-8
The Role of Teledentistry	7-9
Transmission Lines and Cost Considerations	7-10
Bandwidth	7-10
Protocols	7-11
Determining the Benefits	7-11
Availability of Resources	7-13
Reaping the Most From the Program	7-13
Conclusion	7-13

Chapter 8: Dental Emergencies: A Primer for Non-Dental Health Professionals in Correctional Settings

Introduction	8-2
Dental Injuries	8-2
Anatomical Review	8-2
Numbering System	8-3
Pre-Existing Factors	8-3
Patient Assessment	8-4
Evaluation of Injuries to the Dentition	8-5
Intra-Oral Evaluation of Injuries	8-5
Fractures of Teeth	8-5
Concussed Tooth Injury	8-6
Luxation Injury	8-6
Avulsion Injury	8-7
Toothaches	8-7
Clinical Considerations	8-8
Intra-Oral Soft Tissue Injury	8-8

Alveolar Bone Fracture	8-9
Summary of Intra-Oral Injuries and Intervention	8-9
Facial Injuries	8-10
Injury to the Soft Tissue	8-10
The Facial Nerve	8-10
Traumatic Injury of the Facial Bones (Maxillo-Facial Complex)	8-11
The Stair-Step Effect	8-11
Antibiotic Therapy for Dental Infections	8-12
Treatment of Facial Fractures	8-13

Chapter 9: Elderly Inmates: An Emerging Correctional Population

Introduction	9-2
Levinson's Theory of Adult Development	9-3
The Graying of the Inmate Population	9-4
Statistics	9-4
The Profile of the Older Offender	9-5
Reasons for Criminal Behavior	9-5
Impact of Prison Environment on the Elderly	9-6
Special Unit at Ionia	9-7
Other Factors	9-8
Disciplinary Experiences of Elderly Prisoners	9-9
Inmate Population Growth and Distribution	9-10
Federal Prison System	9-10
New Jersey Prison System	9-10
Steps to Maintaining Health	9-11
Health Status of the Incarcerated Elderly	9-12
Cost of Care	9-13
Age-Related Physical Changes	9-14
Sensation	9-15
Pain	9-15
Smell and Taste	9-15
Touch	9-15
Cardiovascular Changes	9-15
Respiratory Tract	9-15
Nervous System	9-16
Tremors	9-16
Vision	9-16
Hearing	9-16
Sleep and Rest	9-17
Skin	9-17
Extremities	9-17

Muscle and Bone 9-17

Gastrointestinal Changes 9-17

Pancreas 9-18

Urinary Tract 9-18

Cognition and Psychology 9-18

Age-by-Race Differences in Health and Functioning 9-18

Self-Management of Chronic Disease by Older Adults 9-19

Programs for Specialized Medical Care 9-20

 South Carolina 9-20

 Federal Prison System 9-21

 Iowa, Tennessee, Maine, and Colorado 9-22

International Experience With Older Offenders 9-22

 Australia 9-22

 Canada 9-23

Humanitarian, Therapeutic, and Custodial Care 9-23

 What Can the Prisons Do? 9-24

 ABA Resolutions 9-25

Conclusion 9-26

Chapter 10: Use of Telemedicine in Corrections: Clinical and Practical Implications

Why Correctional Telemedicine? 10-1

Brief History of Correctional Telemedicine 10-2

The Fundamentals of a Successful Program 10-3

 Patient Selection 10-4

 Physician Participation 10-4

 Time Requirements 10-4

 Reimbursement 10-5

 Liability 10-5

 Time Efficiency 10-5

 Equipment Selection 10-6

 Equipment Placement 10-6

 Lighting and Sound Quality 10-6

 Telecommunications Options 10-7

 Staff Support 10-8

Funding Models 10-8

Other Considerations 10-9

 Multiple Uses for the Equipment 10-9

 Common Mistakes to Avoid 10-9

 Future Directions 10-9

Chapter 11: Health Issues of Juvenile Offenders

A Contemporary Predicament 11-1
 Threats to Adolescent Health 11-2
 Increased Threat to Incarcerated Youth 11-2
 Female Juvenile Offenders 11-3
 Provision of Health Services in Incarcerated Settings 11-4
 Staffing 11-4
 Expenses 11-4
 Health Status Statistics 11-5
 Health Screening at Intake 11-6
 Full Medical Assessment 11-6
 Health-Related Issues 11-7
 Sexually Transmitted Diseases 11-7
 Pregnancy 11-8
 Substance Abuse 11-8
 Female Juvenile Offenders 11-9
 Mental Health Issues 11-10
 Female Offenders 11-10
 Sexual Abuse and Mental Illness 11-10
 Other Emotional Disorders 11-10
 Prevention and Treatment Advocacy 11-11
 Health Education and Services 11-11
 The Need for Advocacy 11-12

Part 3: Mental Health Care

Chapter 12: Trends in Correctional Mental Health Care

Introduction 12-2
 Demographics 12-2
 Race and Gender Characteristics 12-3
 Rates of Incarceration 12-3
 Mental Illness Statistics 12-3
 Co-Morbidity of Mental Disorder and Substance Abuse 12-4
 Antisocial Personality Disorder 12-4
 Costs of Incarceration 12-5
 Operating Expenses 12-5
 Health Care 12-6
 Privatization 12-6
 Advantages 12-7
 Disadvantages 12-8
 Outsourcing of Mental Health Services 12-8

Supermax Prisons 12-9

 “Supermax” Defined 12-9

 Effect on Inmates 12-10

 Role of the Mental Health Clinician 12-10

 Mental Health Programs Inside the Supermax 12-11

Segregation Units 12-12

 Placement Guidelines 12-12

 Disciplinary Hearing Procedures 12-13

Discharge Planning 12-13

 Scope of Services 12-14

 Guidelines 12-15

 Case Law 12-15

Suicide Prevention 12-16

 Flaws in Rate Calculations 12-17

 Persistent Population Variables 12-17

Conclusion 12-18

Chapter 13: Jail Diversion and Correctional Psychotropic Medication Formularies

Introduction 13-1

Jail Diversion Programs 13-2

 Pre-Booking Programs 13-2

 Post-Booking Programs 13-3

 Impact on Correctional Systems 13-4

Use of Psychotropic Medications as Standard of Care 13-5

“Traditional” or “First Generation” Antipsychotic Medications 13-5

“Atypical” or “New Generation” Antipsychotic Medications 13-7

 Potential Disadvantages 13-8

 Potential Advantages 13-8

 Accepted Standard of Care 13-9

Antidepressant Medications 13-10

 Tricyclics 13-10

 Serotonin-Specific Re-Uptake Inhibitors 13-10

 Monoamine Oxidase Inhibitors 13-10

 Other Antidepressants 13-11

Mood-Stabilizing Medications 13-12

Medications for the Treatment of Other Serious Disorders 13-12

Conclusion 13-13

Chapter 14: How One Misdemeanor Mental Health Court Incorporates Therapeutic Jurisprudence, Preventive Law, and Restorative Justice

An Innovative Approach	14-2
Background and Development of the Mental Health Court	14-3
Mental Illness and Public Safety	14-5
Ensuring Beneficial Outcomes	14-6
Timeline for Operation	14-6
Theoretical Basis and Philosophy of the Court	14-7
Restorative Justice, Preventive Law	14-7
Accountability	14-8
Associated Risks	14-9
How the Clark County Mental Health Court Works	14-9
Initial Attempts to Identify Potential Inmate-Clients	14-9
“One Stop Shopping” and the Intake Process	14-10
Resource and Coordination Difficulties	14-10
The Role of Judges and Judicial Assistants	14-11
A Typical Week’s Docket	14-11
Initial Appearance	14-11
Legal Staffing	14-12
Alternatives to Incarceration	14-12
Probation vs. “Caseworker” Approach	14-12
Other Important Court Considerations	14-13
Education and Outreach	14-13
Coordination with Other Courts	14-14
Evaluation	14-14
Best Practices in Mental Health Courts	14-15
Risk Management	14-15
Dangerousness	14-16
Positive Reinforcement	14-17
Intermediate Sanctions	14-17
Ten Principles of the Clark County Mental Health Court	14-18
Conclusion	14-20

Chapter 15: Correctional Health Services as an Opportunity to Reduce Violence

Violence as Injury	15-1
Perspectives on Injury	15-2
Public Health Perspective—Preventive Measures	15-2
Correctional Health Perspective—	
Reducing Violence Victimization	15-2

Criminal Justice System Response to Injury15-3
 Intentional Injuries Among Inmates15-3
 Increased Risk of Violence-Related Injury on Release15-5
 Injury Surveillance15-6
 Practicing Prevention15-7
 Primary Prevention15-7
 Secondary Prevention15-8
 Tertiary Prevention15-11
 Correctional Opportunities15-11

Part 4: Administrative Issues

Chapter 16: The Nursing Shortage – Implications for Corrections

A Global Problem 16-2
 Current Trends 16-2
 Slower RN Growth Rates 16-2
 Reasons for the Current Decline 16-3
 Increased Demand for Services 16-4
 The Correctional Environment 16-5
 A Growing Population With Greater Needs 16-5
 Impact of Shortage on Care 16-6
 Location 16-6
 Recruitment and Pay Scales 16-6
 Overworked Staff 16-7
 Temporary/Agency Personnel 16-7
 Absences, Burn-Out, and Turnover 16-7
 Labor Issues 16-7
 Nursing Management 16-8
 Methods for Coping with the Shortage 16-8
 Short-Term and Interim Solutions 16-8
 Rate Adjustments 16-9
 Shift/Bonus Incentives 16-10
 Flexible Scheduling 16-10
 Leave Time 16-10
 Staffing Alternatives 16-11
 Long-Term Solutions 16-12
 Conclusion 16-12

Chapter 17: Reducing and Containing Cost in Correctional Health Care

The Rising Cost of Correctional Health Care 17-1
 Improving Health Care Financial Information..... 17-2
 Fiscal Intermediary 17-2

Increased Inmate Responsibility 17-3

Inmate User Fees 17-4

 Pros and Cons 17-4

 NCCHC Guidelines 17-6

Recommended Standards of Care 17-7

Management Issues That Affect Cost. 17-8

 Early Release of Elderly and Terminally Ill Inmates 17-8

 Prevention and Education Programs 17-9

 Improving Productivity 17-9

 Medical Trips Outside the Prison. 17-10

 Contracts With Emergency Services 17-11

 Medical Staffing Structure 17-11

Other Cost Reducing Strategies. 17-11

 The Benefits of Telemedicine 17-11

 Sharing of Government Services. 17-13

 Design and Location of Health Care Facility 17-13

 Other Solutions 17-14

Complications of Some Cost-Reducing Strategies 17-15

Summary. 17-15

Chapter 18: Security for Medical Professionals in a Correctional Environment

Introduction 18-1

Contraband Issues 18-2

 How Contraband Enters a Facility 18-3

 Use and Storage of Instruments and Medicines 18-3

Interaction Between Health Care Staff and Inmates. 18-5

 Keep Your Attention From Straying 18-5

 Know Your Facility’s Policies 18-7

 Avoid Over-Familiarity 18-7

 Provide Prompt and Adequate Medical Care. 18-8

 Do Not Use Inmate Labor in Medical Areas 18-10

Providing Health Care vs. Facility Security 18-10

Use of Restraints 18-12

Summary 18-13

Chapter 19: An Evaluation of the Quality and Cost of Health Care in the Texas Department of Criminal Justice Prison System

Introduction 19-2

Purpose and Scope of Study 19-2

 Background 19-2

 Time Period of Study 19-3

Statistics on Cost and Inmate Population 19-4

Managed Care Partnership 19-4

Sample Selection 19-4

Methodology 19-5

Data Analysis: Comparison of Compliance
 Before, and Under, Managed Care 19-5

Aspects of Managed Care Analysis 19-9

 Organization and Administration 19-9

 Restructuring 19-9

 Staffing Analysis 19-11

 Vacancy Rates 19-11

 Pharmaceutical Services 19-12

 Sick Call 19-15

Preventive Health Care 19-17

Utilization Management 19-18

Telemedicine 19-20

Mortality Rates 19-21

Cost of Health Care 19-22

Monitoring of Services 19-23

Conclusion 19-24

Chapter 20: The Elements of Continuous Quality Improvement

What Is Continuous Quality Improvement? 20-2

The CQI Committee 20-2

The Quality Improvement Cycle 20-5

 Step 1—Identify the Issue to Be Studied 20-5

 Step 2—Determine Desired Outcomes and
 How They Can Be Measured 20-6

 Step 3—Measure the Outcomes and Record the Findings 20-7

 Step 4—Compare the Findings Against Desired Outcomes 20-7

 Step 5—Develop a Plan of Correction 20-7

 Step 6—Implement the Changes 20-8

 Step 7—Return to Step 3 and Monitor the Changed Process 20-8

 Step 8—Review Performance if Outcome Standards Are Met 20-8

Other Factors Relevant to the CQI Process 20-9

 Data Sources 20-9

 Confidentiality 20-9

 Peer Review 20-10

 Outcome Measures 20-11

 Credentials and Privileges 20-11

Standards 20-12

Accreditation 20-13

Problems Requiring Adverse Action 20-13

Sample CQI Cycle 20-14

Historical Comments 20-19

 Statistical Variation 20-19

 Prescriptives for Quality Control 20-20

 Relation to Correctional Health Care 20-22

**Appendix 1: National Commission on Correctional Health
Care Clinical Guidelines for Correctional Facilities A-1**

Appendix 2: Bibliography A-39

Index I-1